Grangeville EMT Association
32nd Annual Spring Fling
Saturday, March 4, 2017

Featuring Keynote Speaker: Kirk Mittelman

8 CEU’s available in state approved continuing education

(Breakfast and Lunch Included)

Register online at www.gemtaonline.org
**FACULTY**

**Kirk Mittelman** ~ Kirk is a 36 year veteran of EMS and Public Safety. After 22 years in Law Enforcement, Kirk retired and went to work as a Paramedic Captain and EMS coordinator for Eagle Mountain Fire Dept. in Utah. Kirk and his wife, Margaret, founded Mt. Nebo Training, one of the largest private EMS training institutions in the country. Kirk is currently Associate Professor and EMS Program Director at College of Southern Idaho, Mt. Nebo Training Associate, M.ed, NREMT-P

**Margaret Mittelman** ~ Margaret is a professor and EMT coordinator for Utah Valley University and has been in EMS for 36 years. She is also the research advisor for the University of Utah/Mt. Nebo paramedic program. Margaret has coordinated and taught all levels of EMS including wilderness EMT and paramedic programs. Associate Professor Utah Valley State College, M.ed, NREMT-P

**Jessica Arno** ~ Jessica served 12 years in the army as a combat unit flight medic. She is currently teaching EMT and Paramedic training at the College of Western Idaho. Jessica is a midwife and has helped deliver over 200 babies in predominantly home settings. CPM, NREMT-P

**Dominic Pomponio** ~ Dominic served as a flight nurse for Life Flight for over 7 years before becoming base manager, and now is serving as Regional Director of Life Flight. He oversees 5 bases: Lewiston, Sandpoint, Coeur d’Alene, Pendleton OR, and Butte MT. RN, CCRN, CEN, CFRN, NREMT-P

**Blake Richards** ~ Life Flight Base Manager, Lewiston and Palouse. NREMT-P, Flight Paramedic

**Don Leatham** ~ Don has been a critical care flight paramedic for over 30 years. He has been supporting Spring Fling and presenting “tricks of the trade” for as long as we can remember. He is the Life Flight Base Manager for Butte and Missoula, MT. NREMT-P

**Steve Cole** ~ Steve has over 25 years of experience in EMS and 20 years as a paramedic. Steve serves as Ada County Paramedics Training Captain and teaches classes at all EMS levels. He is a PHTLS instructor, and specializes in EMS education, FTEP/FTO, and Technical Rescue. NREMT-P, FTO

**Kevin Shea** ~ Kevin is a retired Lt. from FDNY and has been a first responder for over 35 years. He has taught firefighting and rescue classes at all levels, in addition to training for private companies. He has been cited for meritorious service 7 times. He currently works for Shur Sales and Genesis Extrication.

**Wayne Denny** ~ Bureau Chief, Idaho Bureau of EMS and Preparedness

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**SPRING FLING IS CO-SPONSORED BY:**

[Image: Life Flight Network and Idaho EMS]

**GEMTA WOULD ALSO LIKE TO THANK THE FOLLOWING FOR THEIR GENEROUS SUPPORT TO SPRING FLING:**

**Syringa Hospital & Clinics**  
**St. Joseph Regional Medical Center**  
**Bureau of Rural Health & Primary Care**  
**Grangeville High School**  
**Dean Neufeld ~ North Idaho Health Coalition**

PRINT SHOP & Office Supplies—Grangeville
CONFERENCE CLASSES

- **A Growing Problem- Youth Suicide:** What drives young kids to suicide? Have you ever thought maybe you could have done more to help? Discussing youth at risk, youth suicide and its effects on everyone. Recognize the warning signs of suicide and how to deal with someone who is threatening suicide. Please come with an open mind to help us all solve a growing problem.

- **Don’t Sugar Coat It:** Diabetes: Everything you didn’t know that you needed to know. One out of six adult patients you encounter will either have Diabetes or be at risk of developing Diabetes. Add to your knowledge of signs and symptoms, medications, and treatment of diabetic emergencies.

- **First Class Delivery:** This class will review protocols and techniques for uncomplicated field delivery. Gain the knowledge and confidence you need to respond effectively when pre-hospital obstetric needs arise. Helping the mother deliver and postpartum care. Lecture and skills practice.

- **Babes in the Woods:** Emergent Deliveries with complications. This class goes beyond simple delivery and covers pre-hospital resuscitation, communication in transit, and managing emergency situations such as shoulder dystocia, postpartum hemorrhage, and pre-eclampsia.

- **Pregnancy is no Accident:** This class covers trauma considerations unique to patients in pregnancy, how pregnancy affects the human body, mechanism of injury associated with pregnancy, and recognizing a pregnant patient in distress.

- **Customer Service for EMS:** The 2AM call for a patient assist off the bathroom floor rarely elicits that warm and fuzzy feeling of caring, and can instead evoke grumpiness and resentment. Why it’s important to maintain a good attitude and provide the best care to patients all the time, every time.

- **Time Sensitive Emergencies - Trauma, Cardiac, Stroke:** Learn how Idaho is implementing the Time Sensitive Emergency (TSE) system and how pre-hospital care fits in. This class covers early recognition of TSE incidents, understanding the TSE system, and includes TSE specifics for trauma, stroke, and cardiac events.

- **Landing Zone Officer:** State of Idaho approved Landing Officer Safety Class. This class teaches the fundamentals of safe and adequate landing zones, radio communications, and preparing the patient for loading and helicopter transport. Provides Certification and Recertification.

- **Friday Night Lights:** No matter the time of year sports are abundant and kids of all ages are subjected to forces beyond belief. Learn about the anatomy, physiology and mechanism of injury possible during high school athletic events. Scenarios and case studies help demonstrate methodologies used to treat athletes in sporting events.

- **Tricks of the Trade:** A favorite for 30 plus years, this class always holds something new for everyone, no matter how long you’ve been in the business.

- **Pediatric Maltreatment:** This class will provide a background to Pediatric abuse, and give the provider information to better recognize and report abuse, as well as interact with the victim.

- **Opioid Epidemic:** Every day in the United States, 44 people die as a result of prescription opioid overdose. Among people 25-65 years old, drug overdose caused more deaths than motor vehicle traffic crashes. This presentation will cover prescribed and non-prescribed opioids, signs and symptoms of opioid abuse, up-to-date treatment, and care for opioid abusers.

- **Love What You Do, Do What You Love:** Attitude alone does not produce results, but over the long term it can improve your everyday life, patient outcomes, and work output. Whether you are a business owner, care provider, supervisor, or trainer, you will want to look at why you need to be doing your job for love first and the money second.

- **Extrication Intro & Extrication Lab:** Didactic training in extrication methods. Hands on training with extrication tools, most efficient vehicle entries, airbag deployments, safety precautions for both extrication personnel and patients. REQUIRED: long pants, long sleeve shirt, boots, safety glasses, gloves, hearing protection. Class limit = 25. Must sign waiver to attend.

- **State of the State:** Idaho EMS Bureau and Emergency Preparedness will discuss changes that have come about in the last year affecting EMS providers, what EMS is working towards, and what to expect in the near future.
BREAKFAST AND LUNCH

Continental breakfast will be served all morning and is sponsored by Saint Joe’s Regional Medical Center. Breakfast includes: muffins, fruit, yogurt, and beverages. Lunch will be provided by the Eagles Auxiliary, free of charge to all registered participants. Limited bottled water will be available. There are several water fountains for refilling and topping off your own water containers.

LODGING

1 Super 8 Motel (208) 983-1002 801 South West 1st Street
2 Gateway Inn (208) 983-2500 700 West Main Street

Above hotels will offer government rates if you mention our conference

Conference includes 8 hours of state approved continuing education.

For more information please contact:
Brandice Peterson: (619) 841-8191 idahogemta@gmail.com
Jerry Haaland: (208) 983-5974 idahogemta@gmail.com

DIRECTIONS TO GRANGEVILLE HIGH SCHOOL

Grangeville H.S: 910 South D St.

From Highway 95:
Turn east onto Grangeville’s Main Street. Go one block and turn right at the Exxon Station on South C Street. Drive up the hill seven blocks to Jefferson and take a right. Grangeville High School will be right in front of you.
REGISTRATION

Register online at “www.gemtaonline.org” or by mail. Deadline for early registration is postmarked or completed online by Wednesday, February 22nd, 2017. All other registration must be completed online or received prior to Monday, February 27th, 2017. If registering by mail, please mark “X” in the boxes for the break-out sessions you would like to attend on the provided schedule.

Registration fee at the door is $75. Refunds must be requested no later than 7:45 a.m. March 4th, 2017. A $15.00 material fee will be deducted. No refunds will be given after the date of the conference.

**T-Shirts**

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Go to “www.gemtaonline.org” to see shirts in full detail

**Conference Registration and Payments**

Registration fee (if postmarked by February 22, 2017) $60.00 $__________________

(Only one applicant per form please - photocopy as needed)

T-Shirts please indicate size, color, style above) $__________________

(Cutoff date for ordering T-shirts is Feb. 25th)

**Total Fees** $__________________

Late Registration Fee (after February 27, 2017) Add $15.00 $__________________

**Total Fees plus Late Fees** $__________________

Name _____________________________________________ Unit Name __________________________

Address ____________________________________________________________________________

City __________________________ State __________ Zip __________________________

Phone (____________________) ____________________ Email ___________________________

Return this form with payment to:

GRANGEVILLE EMT ASSOCIATION

P.O. Box 276
Grangeville, Idaho 83530-0276

Make checks payable to Grangeville EMT Association (or GEMTA)
# CONFERENCE CLASS SCHEDULE

32nd Annual
Grangeville EMT Association Spring Fling
Saturday, March 4, 2017

**Mark “X” in the Square of the Classes You Would Like to Attend**

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<tr>
<th>Time</th>
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<tr>
<td>6:30 – 7:45</td>
<td>Continental Breakfast</td>
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<td>7:00 – 7:45</td>
<td>Registration</td>
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<td>7:45 – 8:00</td>
<td>Opening Announcements</td>
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| 8:00 - 9:15 | **Keynote Speaker – Kirk Mittelman**
|           | A Growing Problem – Youth Suicide                                        |
| 9:15 – 9:35 | Break – Please Support Our Vendors!                                     |
| 9:35 – 10:50 | Don’t Sugar Coat It (Diabetes) – Debbie Belknap                          |
| 10:50 – 11:10 | Break – Please Support Our Vendors!                                     |
| 11:10– 12:10 | Time Sensitive Emergencies
|           | Life Flight Network                                                      |
|           | **Opioids**
|           | Steve Cole                                                               |
|           | **Friday Night Lights**
|           | Kirk Mittelman                                                          |
|           | **First Class Delivery**
|           | Jessica Arno                                                            |
|           | **Extrication Intro**
|           | (Prerequisite for Extrication Lab)                                       |
| 13:30 – 14:30 | Time Sensitive Emergencies
|           | Life Flight Network                                                      |
|           | **Pediatric Maltreatment**
|           | Steve Cole                                                               |
|           | **Landing Zone Officer**
|           | Life Flight Network                                                      |
|           | **Babes in the Woods**
|           | Jessica Arno                                                            |
| 14:30 – 14:45 | Break – Please Support Our Vendors!                                     |
| 14:45 – 15:45 | Customer Service for EMS
|           | Dominic Pomponio                                                        |
|           | **Opioids**
|           | Steve Cole                                                               |
|           | **Tricks of the Trade**
|           | Don Leatham                                                              |
|           | **Pregnancy is no Accident**
|           | Margaret Mittelman                                                      |
| 15:45 – 16:00 | Break – Please Support Our Vendors!                                     |
| 16:00 – 17:15 | **Keynote Speaker ~ Kirk Mittelman**
|           | Love What you Do, Do what you Love!                                     |
| 17:15-17:30 | Please Return to Gym for Evaluations and Door Prizes
|           | MUST BE PRESENT TO WIN!!!!!                                             |

*Must Attend Extrication Intro (11:10-12:10) to attend class.

Long Sleeve Shirt,
Long Pants, Safety Glasses, Boots, Hearing Protection, Required.